



HOW CAN CHAPLAINS HELP?

Chaplains work in a wide range of settings to support people by:

- being a respectful and sensitive listener
- being a caring and supportive person through life's challenges
- walking alongside others or providing relational presence
- exploring ways of coping to enhance wellbeing
- encouraging people to find meaning, connection and hope
- praying when appropriate or providing ceremonial services if needed

A chaplain will follow your lead as you navigate life. This service is confidential and is available to all.

www.chaplaincynz.org.nz
admin@chaplaincynz.org.nz



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